

## WORDS OF WISDOM



Sri Mata Amritanandamayi Devi is a world renowned Holy Person. Many consider her as an incarnation of God in human form to love and guide humanity to Godliness. She is famed for her participation and address at the Parliaments of World's religions held in Chicago in 1993, where she advocated oneness of God, inter faith and religious harmony as Swami Vivekananda did a century ago. She has travelled worldwide and given several inspiring exhortations on other occasions and world events. She conveys messages of love with inspiring advice through 'Matruvani', published (printed copy and soft digital version). Contact : [matruvani@amritapuri.org](mailto:matruvani@amritapuri.org)

### Quotes from Amma

- \* "God dwells in the hearts of the Compassionate".
- \* "Happiness depends on how you accept, understand and surrender to the situations".
- \* "Develop the ability to stand back as a witness to your thoughts. This will make your mind strong".
- \* "To succeed in spiritual life, persistent enthusiasm and sustained efforts are needed".
- \* "Our highest, most important duty in this world is to help our fellow beings".

### Sharing and Caring

There are two types of Poverty - the Poverty caused by lack of money, depriving one of basic necessities such as food, clothing and shelter; and the Poverty caused by lack of love and compassion in the Society. The culture of sharing and caring is the answer to the miseries caused by financial poverty. Amma advise all to cultivate our minds to yearn to give than take, to love and be compassionate for the wellbeing of all.

### Devotion and Faith

Devotion is a practical science. Devotion, love and faith in God foster righteousness and give relief from the sorrows, give strength to face hard knocks of life calmly, expand one's conscience (the inner light/voice) to stop one from doing wrong and inspire to do good.

### Mistakes/Wrong Doings

There is no sin that cannot be washed away by the tears of repentance. The mind must bolster to walk the right path. The greatest sin is knowingly repeating the mistake.

